

# **Bridges West Program Components and Duration of Assistance**

## **1. Shelter**

- A. 22 units (14-1BR units; 8-2BR units)**
- B. Dormitory-style living – large, private rooms w/ a sink, small refrigerator, and microwave in the room. Common areas on each floor include a full kitchen, living/dining area, toy area for the kids, and a laundry room. The 1BR units share a bathroom with the adjoining unit. The 2BR units have their own bathroom.**
- C. Clients are expected to pay a security deposit of \$50 for a 1BR unit and \$100 for a 2BR unit, as well as monthly occupancy fees of \$100 for a 1BR unit and \$150 for a 2Br unit. All expenses related to the operation of the building above and beyond the occupancy fees collected are covered by Center For Siouxland/Bridges West.**
- D. Program participation/Shelter is limited to 24 months**

## **2. Supportive Services**

- A. Supportive Services include: case management; health/dental health care and prescription medications; child care; transportation; education and employment services; mental health assessments, counseling, and treatment; substance abuse assessments, counseling, and treatment; life skills training/classes such as financial literacy/education, parenting skills, renters rights/responsibilities; information and referral to other community resources; etc.**
- B. Initially, Center For Siouxland/Bridges West will cover the full cost of all supportive services. As the clients increase their self-sufficiency and work toward successfully completing the program, they will be expected to work with the certified credit counselor to budget for expenses such as child care and transportation so that they are prepared to cover those expenses once they exit the program without causing themselves an unnecessary financial burden.**
- C. Program participation/Supportive Services is limited to 24 months. Clients who successfully complete the program and leave the program in good standing may continue to receive case management and follow-up supportive services for up to 6 months after program exit.**